

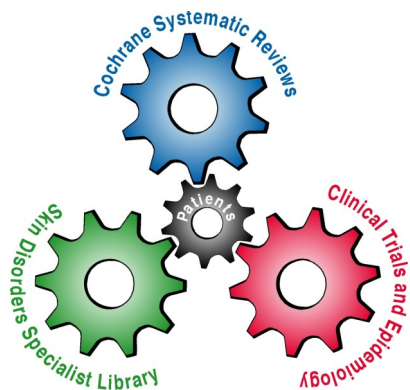
## What is the Centre of Evidence Based Dermatology (CEBD)?

The Centre of Evidence Based Dermatology (CEBD) is part of The University of Nottingham. Its director is Professor Hywel Williams (pictured below), who is both a consultant dermatologist and an academic researcher.



Professor Hywel Williams,  
Director of Centre of  
Evidence Based  
Dermatology

The research carried out in the department is based on closely related cogs that work together. The driving force behind this concept is the needs of patients, as shown below.



## What are the cogs?



Staff at CEBD co-ordinate the Cochrane Skin Group (CSG). This international group is dedicated to summarising how effective treatments for skin disease are, so that gaps in Knowledge can be identified and addressed.



The UK Dermatology Clinical Trials Network (UK DCTN) co-ordinating centre is the second cog. It is responsible for conducting large clinical trials that try and answer the gaps identified above, so that the treatment of skin diseases can be improved.



CEBD also hosts the NHS Evidence-skin disorders. The aim of this cog is to provide a one-stop shop for electronic information on skin diseases and their treatment. This is mainly for UK health professionals but patients can also access this. In this way, it completes a research cycle as it helps to communicate the results of our research.

## What is the CEBD Patient Panel?

Here at CEBD we are proud to have a strong record of involving patients and carers in our research. However, in the past we have tended to do this on an individual group or study basis.

We now want to bring all of this together in the form of a CEBD Patient Panel. This will help us to create a more effective research environment, and to give more support to people who want to get involved in our research.

To form this panel, we are looking for people who are affected by skin disease (either as a patient or as a carer). We are looking for individuals to get involved who are affected by both common skin disorders (such as eczema, psoriasis, acne and skin cancer) and rare conditions.

You could become involved in a variety of activities including:

- Helping to design research studies by giving your perspective as a patient/carer.
- Becoming a patient advocate of CEBD and promoting what we are trying to achieve in your community.
- Supporting those new to research if you have been involved in the past.

Please read on overleaf to see how you could benefit by getting involved and in turn, help us to improve research into skin disease and its treatment.

## How do you benefit from being actively involved in research?

Getting involved will help us to help you:

- Have your say in dermatology research in a meaningful manner.
- Share your experiences in a positive way with others in a similar situation.
- Learn more about research by attending relevant free training courses.
- Gain new skills.
- Be actively involved in improving treatments for patients with skin disease.

## How does patient and public involvement benefit CEBD?

Having patients and carers involved helps us:

- Answer research questions that are relevant to patients.
- Share research news with patients and the public.
- Ensure that the needs of patients are considered throughout the research process.

## How will the panel communicate?

We anticipate that we will hold 1-2 training events per year. The location of these has yet to be decided and we are open to suggestions. Other communications are likely to be via e-mail or teleconference and will largely depend on the projects you choose to become involved in.

## Payment of Expenses

All travel expenses will of course be reimbursed and we can book train tickets in advance if you prefer. We will also cover costs incurred related to teleconferences, printing etc.

## How to get involved

To find out how to get more involved please contact Carron Layfield. Don't worry, you don't need to have any experience of research at all and letting us know you are interested does not commit you to anything further.

**Carron Layfield**

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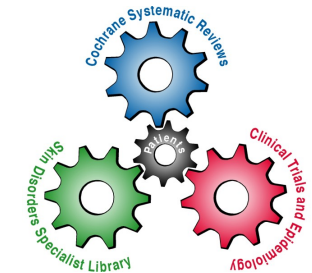


The University of  
**Nottingham**

## The Centre of Evidence Based Dermatology Patient Panel

### *Who is this leaflet for?*

- Patients with skin disease
- Carers of the above
- Members of the public



[www.nottingham.ac.uk/dermatology](http://www.nottingham.ac.uk/dermatology)